

Vejledningen til patienter omkring PRO-psykiatri samt spørgeskemaet er oversat til arabisk, engelsk og grønlandsk. Oversættelserne kan bruges som hjælpeværktøjer, i de tilfælde hvor patienten begår sig bedst på et af disse sprog. Personalet kan være behjælpeligt med at udskrive oversættelserne i papirform, det fremmedsprogede spørgeskema kan så gives til patienten, som kan bruge det som hjælpeværktøj når patienten afgiver sine svar elektronisk på www.pro-psykiatri.dk. De fremmedsprogede spørgeskemaer er IKKE tænkt til at patienten kan svare på PRO-Psykiatri i papirformat, det kan ikke lade sig gøre. Det er alene patienten, som kan indtaste sine svar elektronisk.

How to use PRO-Psykiatri

You have chosen to work with PRO-Psykiatri. It is an instrument that makes it easier for you to actively participate in the decisions made regarding your treatment.

PRO stands for “Patient Reported Outcomes” – that means your information about how you are doing. You enter the information (PRO) in an electronic questionnaire before each of the scheduled appointments with your treating clinician.

When you fill in the questionnaire before the appointment, you become more aware of how you are doing and what is important for you to talk about when you meet your treating clinician.

GUIDE

You find the questionnaire at pro-psykiatri.dk. You start by entering your CPR-number and afterwards the code you receive (by SMS or from the staff).

The questionnaire includes 20 questions about how you are doing and how your everyday life is.

You answer each question by ticking off on a scale. The questionnaire also includes a text box where you can write what in your opinion is important for your case manager to know.

You can borrow a tablet for filling in the questionnaire. It takes about 5 – 15 minutes to fill in the questionnaire.

HOW PRO IS USED

PRO-Psykiatri is primarily a collaborative instrument used in the dialogue with your treating clinician.

You discuss your answers during the appointment. This gives both of you the same picture of how you are doing.

You can use the answers to structure the appointment – and to prioritize what in particular needs a follow-up.



KEEP TRACK OF YOUR DEVELOPMENT

You can see your answers in your case record at Sundhed.dk. Please log in using your NemID.

If you have filled in the questionnaire more times, you can see how your health has developed over time. You can use your answers for self-management.

CONTACT AND HOW TO KNOW MORE

You can find more information at www.psykiatri.rn.dk – search for “PRO-Psykiatri”.



Contact

If you have any questions regarding PRO-Psykiatri, please contact your case manager.